

## **Twin Valley Athletic Team Rules**

1. All student/athletes must attend all practices.
  - a. If a student/athlete misses a practice, he/she must communicate to the coach 24 hours beforehand.
  - b. There will be consequences for missing practice (ie – not starting, sitting out of game(s), etc.)
2. All eligibility rules are outlined in the student handbook.
3. If a student/athlete is ineligible three (3) times throughout the season, the student/athlete will be dismissed from the team.
4. All students must be in school before 11:00 AM in order to participate in practices or games.
5. If a student/athlete has detention, ISS or OSS, they will not be able to participate in practices and games.
  - a. A Friday suspension will carry through the weekend.
6. If a student/athlete has a doctor's appointment, a doctor's note must be provided upon arrival to school.
7. According to the PIAA, abusive language, negative gestures and taunting is prohibited.
8. All student/athletes must take the school's transportation to and from away games.
  - a. A written note from the parent must be provided to the coach if the student/athlete is not taking the school's transportation.
9. The student/athlete is responsible for the school issued uniform and warm-ups.
  - a. If the uniform and warm-ups are not returned, an invoice will be sent home to replace the uniform and warm-ups.
10. All injuries must be reported to the Athletic Trainer.
11. Please refer to the athletic website for parent/coach communication procedures.
12. Parents please give the coach 24 hours after a game before addressing any concerns.
13. Students will follow the school board policy on Bullying/Cyberbullying.
  - a. There will be consequences if students do not follow this policy (ie – not starting, sitting out of game(s), suspension & etc.)